

## MOST SACRED HEART OF JESUS

**Jesus, we know that You are merciful and that You have offered Your heart for us. It is crowned with thorns and with our sins. We know that You implore us constantly so that we do not go astray.**

**Jesus, remember us when we are in sin.**

**By means of Your Heart**

**make all men love one another.**

**Make hate disappear from amongst men.**

**Show us Your love. We all love You**

**and want You to protect us**

**with Your Shepherd's Heart and free us**

**from every sin. Jesus, enter into every heart!**

**Knock, knock at the door of our heart.**

**Be patient and never desist. We are still closed**

**because we have not understood Your Love.**

**Knock continuously. O Good Jesus, make us open our heart to You**

**at least in the moment we remember Your Passion suffered for us. Amen.**



## IMMACULATE HEART OF MARY

**O Immaculate Heart of Mary,**

**ardent with goodness,**

**show Your Love towards us.**

**May the flame of Your Heart, O Mary,**

**descend on all mankind.**

**We love You so.**

**Impress true love in our hearts**

**so that we have a continuous desire**

**for You.**

**O Mary, humble and meek of heart,**

**remember us when we are in sin.**

**You know that all men sin.**

**Give us, by means of Your Immaculate Heart,**

**spiritual health.**

**Let us always see**

**the goodness of Your Maternal Heart**

**and may we be converted by means of the flame**

**of Your Heart. Amen.**

